



## WELCOME!

The doctors at West Seattle Natural Medicine combine modern, scientific, evidence-based methods with traditional, natural therapeutic modalities to address all of your health care needs. As a patient, you have the ability to be proactive in your healthcare and we'd like you to tell us how we can best help you.

- **Primary Care:** We can act as your primary care physician providing physical exams, annual exams and acute care when you are ill. We are happy to work with other practitioners and specialists, (medical doctors, chiropractors, licensed midwives, nurse practitioners, etc) to provide comprehensive and complementary healthcare.
- **Optimal Wellness:** We can address your long-term wellness by creating a personalized plan that may include nutritional detoxification programs and specialty lab testing to address digestion, food allergies and hormone levels.
- **Specialist:** If you are primarily looking for us to address a specific condition or concern, we can act as a specialist, rather than a primary care physician.

## MISSION STATEMENT

- To bring a distinctive, personal approach to customize an individualized treatment plan for our patients
- To spend the time required to hear our patients concerns and address the source of their problems
- To participate in creating and promoting health in our culture and society

## REMINDERS and TIPS

1. Please be sure to read, complete, and sign all the forms before your scheduled appointment. If you have not done so prior to appointment, please arrive 30 minutes early to do so.
2. If you have test results, medical records, supplements and medications please bring them to your first visit.
3. If you pay out of pocket, we offer a courtesy cash discount when you pay at the time of service.
4. If you have insurance, it is your responsibility, as the customer of an insurance carrier, to know what encompasses the coverage in your policy. Make sure to check that you have coverage for naturopathic medicine by calling the customer service number on the back of your insurance card. Visit our website for recommended questions to ask your insurance company before your first appointment. If we bill a visit to the insurance company and our services are not covered, the full fee(s) of the visit will be your responsibility.
5. There is often confusion in regards to billing charges for blood draws, preventative visits and well-child visits. For example, your well-child visit or pap smear includes a comprehensive physical exam. If you have another concern that warrants bloodwork, a referral, further discussion or investigation, the billing will reflect the additional time and complexity. Accurate billing is required by the insurance companies. Additionally, complex cases that require extra time and work-up and may be billed as an extended visit. This will be billed as an additional charge to your insurance company. Please check with your insurance company to find out if your deductible or any co-pays will apply to the medical treatment component of an annual exam.
6. Please fill out the "**Patient Information**" form completely and bring your insurance card to your first visit.
7. Your appointment is scheduled just for you. Therefore if you need to cancel an appointment we require 24 hours of notice. (Note: Call by Friday to cancel a Monday appointment.) We reserve the right to charge \$50 if you do not give 24 hours notice.
8. Please do not hesitate to call with any questions!

**We know that you have many choices in health care.**

**We appreciate you choosing us and we look forward to assisting you with your healthcare needs!**

**[www.westseattlenaturalmedicine.com](http://www.westseattlenaturalmedicine.com)**